



THE
MARYBOROUGH
HOTEL AND SPA

BEING GREEN ADDS VALUE

THE MARYBOROUGH HOTEL IS A LUXURIOUS 4**** HOTEL

The Maryborough Hotel & Spa is hidden away on Maryborough Hill just outside Cork City, within walking distance of Douglas village.

Adjacent to Douglas Golf Club, this upscale hotel is situated within an 18th-century country house including a new modern annexe and is 7.6 km from Cork Airport.

Warm, stylish rooms feature sitting areas, free Wi-Fi, 42-inch flat-screen TVs along with tea and coffeemaking facilities. Some rooms come with whirlpool baths. There are also suites with exposed wood beams and antique fireplaces.

There's a fitness centre and an indoor pool, plus a spa with thermal suites and a vitality pool.

There's an intimate restaurant with a farm-to-table menu, as well as a bar.



OUR COMMITMENT

The Staff and Management of The Maryborough House Hotel are committed to the environment and to starting on a journey to reduce their waste output, reduce their carbon footprint and to Reduce, Re-use & Recycle! as a start of their Corporate Social Responsibility agenda, and are committed to sustainability in every facet of their business.

The waste audit carried out by C E C immediately identified major issues regarding waste practices at the hotel.

- Excessive volumes of waste bins on site - No proper waste collection policy
- Lack of waste bins for food waste collection- Excessive waste costs

This was the beginning of our journey to "Zero Waste to Landfill".

CEC have achieved the hotels target of "Zero Waste to Landfill" certification in just four months due to the efforts of the management and staff.

The hotel now has a central waste platform powered by "Eiravato" and is the first hotel in Ireland to digitize their waste data. This enables them to view waste as a commodity and therefore identify circular opportunities for their waste. This is the first step to becoming a certified a Circular Economy Hotel.



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Sustainability Agenda

The following are actions that our hotel has implemented in support of our sustainability agenda, and our commitment to work to minimise our footprint on the environment for future generations.

2019 - 2021

- Single use plastic has been eliminated from our hotel.
- Miniature toiletry bottles have been replaced with luxury refillable dispensers.
- Take away coffee cups and lids are now compostable.
- Plastic drinking straws are no longer used.
- Plastic water bottles are now glass and these are chilled.
- Our electricity supplier is certified as supplying 43% Green energy.
- We co-generate on site approx. 35% of all our electrical requirements. This is achieved by means of our high efficiency combined heat and power plant.
- Our combined heat and power unit also provides 186 kW of thermal output for our hot water requirements at a much higher efficiency than conventional boilers.
- We have installed an electric car charging point for our guests use.
- We have a continuous policy of replacing all of our lighting with the most up to date energy efficient technology.
- Cardboard packaging, glass, cans, used light bulbs are recycled.

2022

- We are certified as a Zero Waste to Landfill hotel, and we are committed to further reducing waste volumes.
- Where possible we purchase food such as meat, fresh fish, cheeses locally.

2023

- Upgrade of boilers to new efficient boilers
- Upgrade of CHP Plant to current efficient specification
- Food Waste now reduced to 20% of its Volume before placing in compost bins.

2024

- It is our intention to install Solar Panels. We will convert solar energy into electrical energy, reducing dependence on traditional energy, thereby reducing greenhouse gas emissions such as carbon dioxide and achieving energy conservation and emission reduction.



Contribution

Hotels often generate avoidable waste,

The Maryborough Hotel are making a significant contribution to the Circular Economy by adopting sustainable waste management practises. As they are now certified a Zero Waste to Landfill Hotel. They have set their sights on becoming circular and have adopted the European Union waste benchmark CIRC-HOTEL: Pioneering Circular Economy in the Hotel Industry.

“Hotels generate different waste streams, and many types of waste could in fact BE AVOIDED. Some objects or materials are managed as WASTE when they could be REUSED within the hotel itself or by other users. The EU Sectoral Reference Document [1] for the accommodation sector has set a benchmark of less than 0.6 kg of waste per client per night, an objective that it is far from the current reality in many hotels”.

With the knowledge and support of the Circular Economy Company (CEC) and powered by our “Eiravato” platform they are continuing their journey to minimise their carbon footprint on the environment

In hospitality, or hotels in particular, this can be achieved through reduction of resource inputs and outputs, rethink of service or operation processes and the training and educating of staff and customers that this hotel creates actions and not aspirations in its sustainability agenda.

Contact CEC www.circulareconomy.ie



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