

MEMBERSHIP LIST 2022

CLASSIC MEMBERSHIP

- Fitness Assessment
- Re-Assessments (4 per year)
- Fitness Classes (pre-pay in advance - €60 per 10 classes)
- Personal Training - €35 per 45 minute session
- Gym Towel
- Children under 6 included

Membership	Annual Rate	Monthly DD	Initial Payment
Single	€980	€85	€170
Single Off-Peak	€835	€74	€148
Couple	€1780	€153	€306
Couple Off-Peak	€1410	€122	€244
Student	€825	€72	€144

SILVER/CORPORATE MEMBERSHIP

- Fitness Assessment
- Re-Assessments (4 per year)
- Fitness Classes
- Personal Training (1 per week for 30 minutes)
- Bath Towel x 1
- Gym Towel

Membership	Annual Rate	Monthly DD	Initial Payment
Single	€1180	€103	€206
Couple	€2200	€188	€376

GOLD MEMBERSHIP

- Fitness Assessment
- Re-Assessments (4 per year)
- Fitness Classes
- Personal Training (1 per week for 45 minutes)
- Bath Towel x 1
- Gym Towel
- Use of Vitality Room

Membership	Annual Rate	Monthly DD	Initial Payment
Single	€1430	€124	€248
Single Off-Peak	€1035	€90	€180
Couple	€2550	€218	€436
Couple Off-Peak	€1840	€158	€316
Golden Years	€1040	€90	€180

*All memberships include use of Swimming Pool area and Gym area.
All Gym Programmes are tailored to the individuals needs.*

PEAK HOURS: Mon to Fri: 6:00AM - 9:30PM. Sat, Sun & Bank Hol: 8:00AM-9:00PM
OFF-PEAK HOURS: Mon to Fri: 6:00AM to 3:00PM. Sat, Sun & Bank Hol: 8:00AM - 1:00PM