

MEMBERSHIPS

CLASSIC MEMBERSHIP

- Initial Fitness Assessment
- Personalised Gym Programme
- Re-Assessments (4 per year)
- Fitness Classes (pre-pay in advance - €60 per 10 classes)
- Personal Training (€35 per 45 minute session)
- Gym Towel
- Children under 6 yrs included

Membership	Annual Rate	Monthly DD	Initial Payment
Single	€1030	€89	€178
Single Off-Peak	€875	€78	€156
Couple	€1870	€160	€320
Couple Off-Peak	€1480	€128	€256
Student	€865	€76	€152

SILVER MEMBERSHIP

- Initial Fitness Assessment
- Personalised Gym Programme
- Re-Assessments (4 per year)
- Fitness Classes
- Personal Training (1 per week for 30 minutes)
- Bath Towel x 1
- Gym Towel
- Children under 12 yrs included

Membership	Annual Rate	Monthly DD	Initial Payment
Single	€1240	€108	€216
Couple	€2310	€197	€394

GOLD MEMBERSHIP

- Initial Fitness Assessment
- Personalised Gym Programme
- Re-Assessments (4 per year)
- Fitness Classes
- Personal Training (1 per week for 45 minutes)
- Bath Towel x 1
- Gym Towel
- Use of Vitality Pool & Thermal Suites Room 18+ (9AM - 8:30PM Daily)
- Children under 16 yrs included

Membership	Annual Rate	Monthly DD	Initial Payment
Single	€1500	€130	€260
Single Off-Peak	€1085	€94	€188
Couple	€2675	€228	€456
Couple Off-Peak	€1930	€166	€332
Golden Years	€1090	€94	€188

*All memberships include use of Swimming Pool area and Gym area.
All Gym Programmes are tailored to the individuals needs.*