

THE
MARYBOROUGH
HOTEL AND SPA



SPA LUNCH
MENU

Lightly Spiced Chicken

*With Rocket, Nigella Seeds and Hummus on
Flatbread*

Open Sandwich

*Of Beech Smoked Salmon and Marinated Prawns
in Marie Rose with Baby leaf Salad*

Homemade Soup of the Day (c) (v)

Served with a Selection of Breads from our Bakery

Atlantic Seafood Chowder (c)

*Brunoise of Root Vegetables, Dill and Albarino
Cream*

Served with our Homemade Irish Soda Bread

Warm Chicken Salad

*Maple Glazed Potato, Cherry Tomato, Pine Nuts,
Passionfruit and Lime Dressing (c)*

Superfood Salad

*Quinoa, Baby Spinach, Feta Cheese, Sunflower
Seeds, Organic Cranberries, Stonewell Cider*

Dressing, Aged Balsamic (v) (c)

Maryborough Toastie

*Honey Glazed Ham Hock, Bandon Vale Cheddar,
Red Onion on Toasted Bloomer Bread*

Chick Pea Salad

*Local Gubeen Chorizo, Roast Red Onion, Radicchio,
Curried Macadamia Nut, Tabasco Yogurt*